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Aging in Place



- ❧ In Canada, 92% of adults over the age of 65 live in the community (Stats Can, 2014)
- ❧ In NB, 19,5% of the population is currently 65 years of age or over
 - ❧ Presently more adults over 65 than young people under 15 years (Stats Can, 2016)
- ❧ In NB, 49% of the population resides in rural communities
- ❧ In NB, 33% of the population declared French as their mother tongue
 - ❧ With age, especially with the presence of dementia, there can be a loss of ability to use and understand a second language.

Program of Research on Aging in Place



1 - Experience of Aging in Place



- ∞ 8 strategies to age in place (senior 75+)
 - ∞ Attitude and self-determination
 - ∞ Self-perception of health
 - ∞ Housing
 - ∞ Access to transportation
 - ∞ Availability of support
 - ∞ Age Friendly Communities (AFC)
 - ∞ Access to services for aging in place
 - ∞ Adequate level of income and education

Dupuis-Blanchard, S., Gould, O., Gibbons, C., Simard, M., Villalon, L., Éthier, S.(2015). The advantages and challenges of aging-in-place: The experience of language minority seniors with loss of independence and their families. *Global Qualitative Nursing Research*, 1-9.

2 - Specific Needs of Seniors



☞ Services currently receiving

- ☞ Home cleaning

- ☞ Lawn / snow

☞ Service providers

- ☞ Family ++

- ☞ Private services (paid personally)



☞ Services needed but not received

- ☞ Grocery / meals
- ☞ Health advice and regular monitoring
- ☞ Transportation
- ☞ Information on programs, services
- ☞ Outdoor maintenance (flowers, fence)
- ☞ Presence at night

- ❧ « *All services are available in English, but few are offered in French* »

- ❧ Experience of asking/receiving services in French
 - ❧ Long wait
 - ❧ Few employees (question competency)
 - ❧ Employees that are difficult to understand or who speak little French

- ❧ Consequences of not receiving services in French
 - ❧ Communication difficult
 - ❧ Security
 - ❧ Frustration
 - ❧ Quality of services

☞ Reasons for refusing services

- ☞ Stranger

- ☞ Difficult to accept services

 - ☞ Reality of loss of independence

- ☞ Past negative experience

 - ☞ Self

 - ☞ Others

- ☞ Cost / income

3 -Planning for Services - community organizations



Identify the availability of services for aging in place

Explore future planning with administrators who offer services
for aging in place

Identify administrators' strategies to offer services in both
official languages

-Participant Profil-



- ∞ n=47 administrators of community organizations
 - ∞ 11 men
 - ∞ 36 women

- ∞ 32 (68%) were over the age of 50

- ∞ Language spoken
 - ∞ 53% English
 - ∞ 6% French
 - ∞ 40% Bilingual

Fréquence et pourcentage des services aux aspects physiques

Variables	Actuellement n (%)	À l'avenir n (%)
Soins des pieds	23 (46.9)	19 (38.8)
Aide à remplir des formulaires	30 (61.2) ←	23 (46.9)
Aide avec le ménage de la maison	25 (51.0) ←	20 (40.8)
Aide avec la préparation de repas	26 (53.1) ←	20 (40.8)
Tondre le gazon	→ 11 (22.4)	8 (16.3)
Nettoyer la neige	→ 10 (20.4)	7 (14.3)
Aide avec le déménagement	→ 12 (24.5)	7 (14.3)
Aide avec le débarras de certaines possessions	20 (40.8)	14 (28.6)
Aide avec l'épicerie	20 (40.8)	18 (36.7)
Accompagnement la nuit	24 (49.0) ←	17 (34.7)
Repas livrés à la maison	→ 8 (16.3)	13 (26.5)
Repas offerts en communauté	→ 12 (24.5)	15 (30.6)
Offrir des conseils santé, éducation, trucs (prévention, promotion de la santé)	39 (79.6) ←	34 (69.4)
Soins pour un problème de santé	33 (67.3) ←	25 (51.0)
Soutien/soins palliatifs ou de fin de vie	28 (57.1) ←	23 (46.9)
Centre de jour	→ 9 (18.4)	13 (26.5)
Centre de renseignements concernant les services au maintien à domicile	22 (44.9)	27 (55.1)

Note : les données manquantes ne sont pas indiquées dans le tableau.

Fréquence et pourcentage des services aux aspects psychologiques

Variables	Actuellement n (%)	À l'avenir n (%)
Recevoir des appels le soir et/ou la nuit d'aînés qui ont des inquiétudes	16 (32.7)	18 (36.7)
Quelqu'un à qui les aînés peuvent parler de leurs inquiétudes	33 (67.3)	28 (57.1)
Accompagnement aux rendez-vous	24 (49.0)	20 (40.8)
Soutien à la famille de la personne âgée	28 (57.1)	22 (44.9)

Note : les données manquantes ne sont pas indiquées dans le tableau.

Fréquence et pourcentage des services aux aspects sociaux

Variables	Actuellement n (%)	À l'avenir n (%)
Transport aux rendez-vous médicaux	24 (49.0)	19 (38.8)
Transport aux activités sociales dans la communauté	20 (40.8)	16 (32.7)
Activités sociales pour les aînés dans la communauté	26 (53.1)	20 (40.8)
Visites sociales à domicile	19 (38.8)	17 (34.7)

Note : les données manquantes ne sont pas indiquées dans le tableau.



☞ **Support for cultural aspects**

☞ The majority of services are offered in English for anglophones (84%) and the results are lower for francophones (61%).



☞ **Support for spiritual aspects**

☞ Approximately 35% of organizations offer the service of praying with older adults.

☞ Close to 29% will accompany seniors to a religious service.



☞ Employees

- ☞ 73% are over the age of 41 years
- ☞ 89% are women
- ☞ On average, 44% are able to offer services in French

☞ Work conditions

- ☞ 69% are paid 10.31\$-15\$
- ☞ 61% are reimbursement for mileage (km)
- ☞ 71% use their personal vehicle



☞ **Quality of care/services**

- ☞ 67% can provide services in the language of choice
- ☞ 90% state that clients are satisfied

☞ **Administrator satisfaction**

- ☞ 94% say that they are satisfied with their job
- ☞ 57% are satisfied with the services offered
 - ☞ « *Je vois le manque de programmes pour aînés et j'aimerais en faire plus.* »
 - ☞ « *Avec les ressources appropriées, on pourrait faire mieux.*»

87% plan on reviewing their services because of population aging

Discussion



☞ Human resources

☞ Work conditions

☞ Education

☞ Recruitment

☞ Adequate services and support needed for seniors and their families to be able to age in place in the language of their choice

☞ Community engagement and intergeneration





Questions / comments



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